

ABSTRACT OF THE DISCLOSURE

A bipod for a light-weight machine gun is disclosed. The bipod has tubular telescoping legs that may be extended and retracted to discreet locking positions. The bipod has a spring-based system that allows a user to fold the bipod either towards or away from the barrel muzzle with one hand, thus giving 180 degrees of travel. The spring system also provides a detent to retain the bipod in the folded or deployed position without additional fasteners or catches. The bipod is attachable to a machine gun with a round yoke that allows the user to pivot the direction of fire and rotate the barrel of the machine gun radially while keeping the bipod firmly planted.